



Dress code for Dance Techniques Placement Classes - Ballet/Contemporary (revised May 2024)

	Ballet	Example
Female	<ul style="list-style-type: none"> Leotard - any style preferably in block/solid colour, appropriately cut/designed. Supportive undergarments (dance/sports bra) may be worn underneath. <p>Note: swimsuits, gym wear and underwear/bodysuits are not to be worn as a leotard.</p> <ul style="list-style-type: none"> Tights - pink/nude opaque ballet tights. No holes/runs. Covered or uncovered feet Skirt (optional) Shoes - nude ballet leather or canvas flats/slippers, no holes Hair - neat bun, hair off the face, no large accessories (only fine hair pins) <p>Note: no bulky jewellery. Drop earrings, large pendant necklaces, bracelets of any kind, watches and rings are not to be worn in class. Simple studs and small hoops are permitted.</p>	
Male	<ul style="list-style-type: none"> Leotard- any style solid colour leotard or fitted stretch shirt Tights - footed/convertible light colour tights or solid colour fitted stretch shorts Dance belt Shoes - nude ballet leather or canvas flats/slippers, no holes Hair - styled back off the face and neck, neat and secure <p>Note: no bulky jewellery/ no watches</p>	
	Contemporary Dance	Example
Male and Female	<p>General rule: The student's body line must be visible. Do not wear baggy, loose outfits or street clothes such as cargo pants, jeans and loose shorts.</p> <ul style="list-style-type: none"> Tops - form fitting tank top, T Shirt or leotard Bottoms - biker shorts (beginner level), leggings, straight/jogger cut (advanced level) Undergarments - (females) sports bra/ not traditional bra, (males) dance appropriate underwear Hair - neat and off the face Socks (optional for advanced levels) No socks (beginner level) <p>Note: Asian Dance may have dress requirements specific to the class and Lecturers' preference no bulky jewellery/ no watches</p>	